

“Holding the Hope
has the infrastructure
and capacity to
manage large or
small projects. Their
professionalism is
only surpassed by
their authentic desire
to change people’s
lives for the better.”

Stephanie K. Lane, MSW CPC
Program Director
Washington State University
Behavioral Health Workforce
Collaborative

“I think this
workshop changed
my life”

Workshop participant

Holding the Hope
PO Box 1314
Battle Ground, WA 96804



HOLDING *the* HOPE

MARY JADWISIAK

BRINGING WRAP®

(Wellness Recovery Action Plan)

**INTO YOUR
INTEGRATED CARE
COMMUNITY**

- Training
- Support
- Program Design

www.HoldingTheHope.com

(360) 687-7954

Mary@HoldingTheHope.com



Sharon Holmes

With over 20 years of business consulting and education experience, Sharon Holmes is the perfect choice to work with as you implement your WRAP® programs.

Sharon has experience as a recovery educator, peer supporter, and manager in the behavioral health industry. As an Advanced Level WRAP® co-facilitator, and owner of *Inspiring Here and NOW*, Sharon is passionate about educating others.

With an eye for detail and an understanding of the big picture, Sharon's gifts result in outstanding program implementation and caring trainer or participant support.

Holding the Hope is teaming up with *Inspiring Here and NOW* to provide comprehensive support for your WRAP® program Implementation

Wellness Recovery Action Plan (WRAP®) Training

- WRAP® Seminar 1 Training
- WRAP® Level 2 for Facilitators (5-day)
- WRAP® Refresher (3-day)

Project Management

- Co-Facilitator contracting & coordination
- Training detail management
- Quality control for co-facilitators
- Manage registration processing
- Supporting and meeting student needs

Consultation & Support

- Want to do it yourself and not sure where to start? Contact us for consultation packages.

Whether you need one training, consultation for program design, or management of your entire WRAP® program, we can start immediately.

Our expertise and experience with WRAP® training and implementation will save you money because your staff will be freed up to do the things you hired to do.

Give us a call and let's get started.



Mary Jadwisiak

is an internationally sought out consultant and trainer for her expertise in behavioral health recovery and suicide prevention. She started *Holding the Hope* in 2003 with a desire to bring recovery principles and practices into every aspect of the Behavioral Health industry. Holding the Hope's values and principles are based on Mary's 20 years of advocacy work, 14 years of work in the field of suicide prevention, and her personal recovery journey.

Holding the Hope has extensive experience implementing statewide training programs, including WRAP®. We are committed to quality workshops and fidelity to the Copeland Center Standards. We have the infrastructure and training team to start now and ensure you have a positive ROI.