Role-Play, Self-Care – Review Personal Goals – Feedback Fan

Step 6:

Feedback fan

Aim: To have participants provide positive feedback to their fellow participants

Materials: Blank sheets of paper, pens

Activity (40 mins): This activity is a nice way to end a training course and involves feedback from all participants. Distribute a blank sheet of paper to all participants, and ask them to sit in a circle. Each person writes their name at the top of the sheet and passes it to the person on their right. That person writes a positive comment about the individual whose sheet he or she has. The comment could be something that impressed them during the course, something that they learned from the person, something they appreciated, etc. Essentially it needs to be positive feedback. The comment is written anonymously (no names are attached to comments), and then the person makes a small fold in the paper and passes it to the next person on the right. The next person flips the sheet over, writes a comment on the reverse and passes it to the right. When the activity is over, everyone should receive the paper with their name at the top. The paper will resemble a fan with comments in the folds on both sides of the paper.

After participants have had a chance to read through them, reconvene the group for brief (5 minutes) feedback. How did they find the activity?